



SCIENTIFIC PROGRAM

FRIDAY - DECEMBER 6th, 2024

09:00 - 17:45 SFORZA D - E ROOM

SHOULDER REHABILITATION COURSE

09:00 - 09:05 Welcome from the Chairman
Stefano Gumina

SESSION 1

CUFF TENDINOPATHY COMPLICATIONS: FROZEN SHOULDER

Chairmen: **Mario Borroni, Mattia Salomon**

FRONTAL SESSION

09:05 - 09:15 What we need to know if we have a secondary frozen shoulder? (state of the art)
Usama H. Saleh

09:15 - 09:25 Are Infiltrations needed and can they be dangerous?
Maristella Saccomanno

09:25 - 09:40 Patient Management: Which is the correct assessment and treatment?
Fabrizio Brindisino

HANDS ON SESSION: ULTRASOUND & REHABILITATION

Chairman: **Elena Silvestri**

09:40 - 10:10 Clinical case with the expert: assessment and treatment
Francesco Agostini, Fabrizio Brindisino

THE EXPERTS QUESTION THEMSELVES

Chairman: **Elena Silvestri**

10:10 - 10:30 Clinical case with the expert: assessment and treatment
Fabrizio Brindisino, Francesco Inglesse

10:30 - 11:00 BREAK





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SESSION 2

CUFF TENDINOPATHY COMPLICATIONS: CALCIFIC TENDINOPATHY

Chairmen: Fabrizio Brindisino, Alessandro Castagna

FRONTAL SESSION

- 11:00 - 11:15 What do we need to know about the calcific tendinopathy
Stefano Gumina
- 11:15 - 11:25 Conservative approach. What can we use?
Vittorio Candela
- 11:25 - 11:35 When do we need surgery, and which are the expectations during time?
Saeed Al Thani
- 11:35 - 11:45 When is rehabilitation indicated and which is the strategy?
Matteo Annoni, Enrico Tonozzi

HANDS ON SESSION: ULTRASOUND & REHABILITATION

Chairman: Filippo Parisi

- 11:45 - 12:10 Focused shockwave treatment for calcific tendinopathy of the shoulder
Francesco Agostini

THE EXPERTS QUESTION THEMSELVES

Chairman: Marco Paoloni

- 12:10 - 12:40 Roundtable: The truth on Physical Therapies
Matteo Annoni, Marco Bonifacio, Simona Cerulli, Dario Lucchetti, Marco Paoloni, Gabriele Severini

12:40 - 14:00

BREAK

SESSION 3

POSTERIOR SHOULDER INSTABILITY

Chairmen: Maristella Saccomanno, Enrico Tonozzi

- 14:00 - 14:15 What we need to know to treat a posterior shoulder instability (State of the art)
Philipp Moroder
- 14:15 - 14:30 Surgical solution: what does the therapist need to know
Ali Maqdes
- 14:30 - 14:45 The shoulder clinical evaluation algorithm
Francesco Inglese
- 14:45 - 15:00 Instability assessment: information we look for and what tools and devices shall we use?
Chiara Gallo





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HANDS ON SESSION

- 15:00 - 15:15 The Show Motion- practical clinical case evaluation
Elena Silvestri
- 15:15 - 15:30 Shoulder Pacemaker – Practical live challenge
Matteo Mantovani, Chiara Gallo

THE EXPERTS QUESTION THEMSELVES

Chairman: Chiara Gallo

- 15:30 - 16:00 5 Best exercises in Posterior Shoulder Instability
Francesco Inglese

SESSION 4

ANTERIOR SHOULDER INSTABILITY

Chairmen: Vittorio Candela, Elena Silvestri

FRONTAL SESSION

- 16:00 - 16:15 Anterior Instability State of the Art - What does the therapist need to know
Francesco Franceschi
- 16:15 - 16:30 First episode in young athletes - a Teamwork approach
Paolo Paladini
- 16:30 - 16:45 Biomechanics of Shoulder Anterior Instability
Giovanni Di Giacomo
- 16:45 - 17:00 Rehabilitation Tips & Tricks in Anterior Shoulder Instability
Mattia Salomon

HANDS ON SESSION

Chairman: Paolo Paladini

- 17:00 - 17:20 Isokinetic evaluation and treatment in Shoulder Instability - EBM approach
Mauro Parolin

THE EXPERTS QUESTION THEMSELVES

Chairman: Enrico Tonozzi

- 17:20 - 17:45 5 best exercises in Anterior Shoulder Instability
Mattia Salomon





SCIENTIFIC PROGRAM

SATURDAY - DECEMBER 7th, 2024

09:00 - 16:00 SFORZA D - E ROOM

SHOULDER REHABILITATION COURSE

SESSION 5

SHOULDER REPLACEMENT IN REHAB KEYVIEW

Chairmen: **Fabrizio Brindisino, Paolo Paladini**

FRONTAL SESSION

- 09:00 - 09:15 Indications for Total Shoulder Replacement
Raffaele Russo
- 09:15 - 09:25 Indications for Reverse Shoulder Replacement
Giuseppe Porcellini
- 09:25 - 09:35 Shoulder Reverse Arthroplasty for Fracture Management
Mohamed Gamal Morsy
- 09:35 - 09:45 3 Complications to know about Shoulder Replacement: Instability, Fractures, Neurological damages
Edoardo Franceschetti
- 09:45 - 10:00 Shoulder Replacement Rehabilitation: EBM approach
Elena Silvestri

HANDS ON SESSION

Chairmen: **Chiara Gallo, Elena Silvestri**

- 10:00 - 10:15 3 BEST exercises for Total Shoulder Replacement
Enrico Tonozzi
- 10:15 - 10:30 3 BEST exercises for Reverse Shoulder Replacement
Lawrence German

10:30 - 11:00 BREAK





SCIENTIFIC PROGRAM

SATURDAY - DECEMBER 7th, 2024

SESSION 6

RETURN TO PLAY Following SURGERY

Chairmen: Giovanni Di Giacomo, Piergiorgio Luciani

FRONTAL SESSION

- 11:00 - 11:15 Is a Return to Play possible after shoulder replacement? State of the art
George Athwal
- 11:15 - 11:30 Return to play in Rotator Cuff Tears: guidelines for the Physio
Francesco Franceschi
- 11:30 - 11:45 Return to play in Postsurgical Shoulder Instability: guidelines for the Physio
Angelo De Carli
- 11:45 - 12:00 Cultural overlap Surgeon- physio- Trainer: Assessment criteria for RTP
Chiara Gallo

THE EXPERTS QUESTION THEMSELVES

Chairman: **Filippo Parisi**

- 12:00 - 12:20 Round table: How to manage a TOP PLAYER patient
Mario Borroni, Angelo De Carli, Giovanni Di Giacomo, Piergiorgio Luciani, Marco Macri, Daniele Maremmani

12:20 - 14:00 BREAK

HANDS ON SESSION - RETURN TO PLAY FUTURE

Chairman: **Filippo Parisi**

- 14:00 - 16:00 The best new tools in assessment and treatment for RTP
Paolo Benestante, Marco Bonifacio, Antonio Dettori, Chiara Gallo, Lawrence German, Marco Macri, Daniele Maremmani

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